

Szakirodalmi cikkek az unalom pszichológiájáról

Ahmed, S. M. S. (1990). Psychometric properties of the Boredom Proneness Scale. *Perceptual and Motor Skills*, 71, 963-966.

Altshul, V. A. (1977). The so-called boring patient. *American Journal of Psychotherapy*, 31, 533-545.

Arnett, J. (1990). Drunk driving, sensation seeking, and egocentrism among adolescents. *Personality and Individual Differences*, 11, 541-546.

Bailey, J. P., Thackery, R. J., Pearl, J., & Parish, T. S. (1976). Boredom and arousal: Comparison of tasks differing in visual complexity. *Perceptual and Motor Skills*, 43, 141-142.

Bargdill, R. W. *Journal of Phenomenological Psychology* September 22, 2000

Beauducel, A., Brocke, B., Strobel, A., & Strobel, A. (1999). Construct validity of sensation seeking: A psychometric investigation. *Zeitschrift fuer Differentielle und Diagnostische Psychologie*, 20, 155- 71.

Berlyne, D. E. (1960). *Conflict, arousal, and curiosity*. New York: McGraw Hill.

Bernstein, H. (1975). Boredom and the ready-made life. *Social Research*, 42, 512-537.

Blaszczyński, A., McConaghy, N., & Frankova, A. (1990). Boredom proneness in pathological gambling. *Psychological Reports*, 67, 35-42.

Blunt, A., & Pychyl, T. A. (1998). Volitional action and inaction in the lives of undergraduate students: State orientation, procrastination, and proneness to boredom. *Personality and Individual Differences*, 24, 837-846.

Bornstein, R. F. (1989). Exposure and affect: Overview and meta-analysis of research, 1968-1987. *Psychological Bulletin*, 106, 265-289.

Bornstein, R. F., Kale, A. R., & Cornell, K. R. (1990). Boredom as a limiting condition on the mere exposure effect. *Journal of Personality and Social Psychology*, 58, 791-800.

Bourque, P., Blanchard, L., & Vezina, J. (1990). Etude psychométrique de l'Echelle de dépression gériatrique. *Canadian Journal on Aging*, 9, 348-355.

Carton, S., Jouvent, R., & Widloecher, D. (1994). Sensation seeking, nicotine dependence, and smoking motivation in female and male smokers. *Addictive Behaviors*, 19, 219-227.

Daitzman, R. J., & Tumilty, T. N. (1974). Support for an activation-regulation deficit in schizophrenia: Implications for treatment. *Newsletter for Research in Mental Health and Behavioral Science*, *16*, 31-35.

Damrad-Frye, R. & Laird, J. D. (1989). The experience of boredom: The role of the self-perception of attention. *Journal of Personality and Social Psychology*, *57*, 315-320.

DeChenne, T. K., & Moody, A. J. (1988). Boredom: Theory and therapy. *The Psychotherapy Patient*, *3*, 17-29.

Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment*, *49*, 71-75.

Drory, A. (1982). Individual differences in boredom proneness and task effectiveness at work. *Personnel Psychology*, *35*, 141-151.

Egan, V., McMurrin, M., Richardson, C., & Blair, M. (2000). Criminal cognitions and personality: What does PICTS really mean? *Criminal Behavior and Mental Health*, *10*, 170-184.

Emmons, R. A. (1981). Relationship between narcissism and sensation seeking. *Psychological Reports*, *48*, 247-250.

Eysenck, H. J., & Eysenck, S. B. G. (1964). *Eysenck Personality Inventory*. San Diego: Educational and Industrial Testing Service.

Eysenck, S. B. G., & Zuckerman, M. (1978). The relationship between sensation seeking and Eysenck's dimensions of personality. *British Journal of Psychology*, *69*, 483-487.

Farmer, R., & Sundberg, N. D. (1986). Boredom proneness: The development and correlates of a new scale. *Journal of Personality Assessment*, *50*, 4-17.

Fenichel, O. (1951). On the psychology of boredom. In D. Rapaport (Ed.), *Organization and pathology of thought* (pp. 349-361). New York: Columbia University Press.

Fisher, C. (1993). Boredom at work: A neglected concept. *Human Relations*, *46*, 395-417.

Frankel, V. (1959). *Man's search for meaning*. New York: Beacon Press.

Furnham, A., & Saipie, J. (1993). Personality correlates of convicted drivers. *Personality and Individual Differences*, *14*, 329-336.

Gana, K., & Akremi, M. (1998). French adaptation and validation of the Boredom Proneness Scale (BP). *Anne Psychologique*, 98, 429-450.

Gana, K., Deletang, B., & Metais, L. (2000). Is boredom proneness associated with introspectiveness? *Social Behavior and Personality: An International Journal*, 28, 499-504.

Gehring, Verna V. (1997) Tedium Vitae: Or, My Life as a 'Net Serf'. *Ratio* 10 (2), 124-140. doi: 10.1111/ 1467-9329.00034

Geiwitz, P. (1966). Structure of boredom. *Journal of Personality and Social Psychology*, 3, 592-600.

Glicksohn, J., & Abulafia, J. (1997). Embedding sensation seeking within the big three. *Personality and Individual Differences*, 25, 1085-1089.

Gordon, A., Wilkinson, R., McGown, A., & Jovanoska, S. (1997). The psychometric properties of the Boredom Proneness Scale: An examination of its validity. *Psychological Studies*, 42, 85-97.

Greenson, R. R. (1951). Apathetic and agitated boredom. *Psychoanalytic Quarterly*, 20, 346-347.

Grubb, E. A. (1975). Assembly line boredom and individual differences in recreational participation. *Journal of Leisure Research*, 7, 256-269.

Hamilton, J. A. (1981). Attention, personality, and the self-regulation of mood: Absorbing interest and boredom. *Progress in Experimental Personality Research*, 10, 281-315.

Hamilton, J. A., Haier, R. J., & Buchsbaum, M. S. (1984). Intrinsic enjoyment and boredom coping scales: Validation with personality, evoked potential, and attention measures. *Personality and Individual Differences*, 5, 183-193.

Harris, M. B. (2000). Correlates and characteristics of boredom proneness and boredom. *Journal of Applied Social Psychology*, 30, 576-598.

Hebb, D. O. (1955). Drives and the C.N.S. (conceptual nervous system). *Psychological Review*, 62, 243-254.

Hill, A. B., & Perkins, R. E. (1985). Towards a model of boredom. *British Journal of Psychology*, 76, 235-240.

Husted, J. R., & Edwards, A. E. (1976). Personality correlates of male arousal and behavior. *Archives of Sexual Behavior*, 5, 149-156.

Iso-Ahola, S. E., & Crowley, E. D. (1991). Adolescent substance abuse and leisure boredom. *Journal of Leisure Research*, 23, 260-271.

Iso-Ahola, S. E., & Weissinger, E. (1987). Leisure and boredom. *Journal of Social and Clinical Psychology*, 5, 356-364.

Iso-Ahola, S. E., & Weissinger, E. (1990). Perceptions of boredom in leisure: Conceptualization reliability, and validity of the Leisure Boredom Scale. *Journal of Leisure Research*, 22, 1-17.

Kaestner, E., Rosen, L., & Appel, P. (1977). Patterns of drug use: Relationships with ethnicity, sensation seeking and anxiety. *Journal of Consulting and Clinical Psychology*, 45, 462-468.

Kass, S. J., & Vodanovich, S. J. (1990). Boredom proneness: Its relationship to Type A behavior pattern and sensation seeking. *Psychology: A Journal of Human Behavior*, 27, 7-16.

Kass, S. J., Vodanovich, S. J., & Callander, A. (2001). State-trait boredom: The relationship to absenteeism, tenure and job satisfaction. *Journal of Business and Psychology*, 16, 317-327.

Kass, S. J., Vodanovich, S. J., Stanny, C., & Taylor, T. (2001). Watching the clock: Boredom and vigilance performance. *Perceptual and Motor Skills*, 92, 969-976.

Khavari, K. A., Humes, M., & Mabry, E. (1977). Personality correlates of hallucinogen use. *Journal of Abnormal Psychology*, 86, 172-178.

Kilpatrick, D. G., Sutker, P. B., & Smith, A. D. (1976). Deviant drug and alcohol use: The role of anxiety, sensation seeking and other personality variables. In M. Zuckerman & C. D. Spielberger (Eds.), *Emotions and anxiety: New concepts, methods and applications* (pp.247-261). Hilldale, NJ: Lawrence Erlbaum Associates.

Kuley, N. B., & Jacobs, D. F. (1988). The relationship between dissociative-like experiences and sensation seeking among social and problem gamblers. *Journal of Gambling Behavior*, 4, 197-207.

Larson, R. W., & Richards, M. H. (1991). Boredom in the middle school years: Blaming schools versus blaming students. *American Journal of Education*, 99, 418-443.

Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer.

Leary, M. R., Rogers, P. A., Canfield, R. W., & Coe, C. (1986). Boredom in interpersonal encounters: Antecedents and social implications. *Journal of Personality and Social Psychology*, 51, 968-975.

Lee, T. W. (1986). Toward the development and validation of a measure of job boredom. *Manhattan College Journal of Business*, 15, 22-28.

Leong, F. T., & Schneller, G. R. (1993). Boredom proneness: Temperamental and cognitive components. *Personality and Individual Differences*, 14, 233-239.

McGiboney, G. W., & Carter, C. (1988). Boredom proneness and adolescents' personalities. *Psychological Reports, 63*, 395-398.

McHolland, J. D. (1988). Client-therapist boredom: What does it mean and what do we do? *Psychotherapy and the Bored Patient, 3*, 87-96.

McLeod, C. R., & Vodanovich, S. J. (1991). The relationship between self-actualization and boredom proneness. *Journal of Social Behavior and Personality, 6*, 137-146.

Mikulas, W., & Vodanovich, S. (1993). The essence of boredom. *The Psychological Record, 43*, 3-12.

Morant, J. C. (1984). Boredom in psychiatric practice. *Canadian Journal of Psychiatry, 29*, 431-434.

Nichols, W. C. (1988). Boredom in marital therapy: A clinician's reflections. *Psychotherapy and the Bored Patient, 3*, 137-146.

O'Hanlon, J. F. (1981). Boredom: Practical consequences of a theory. *Acta Psychologica, 49*, 53-82.

Ornstein, J. F. (1970). *On the experience of time*. Baltimore: Penguin Books.

Perkins, R. E., & Hill, A. B. (1985). Cognitive and affective aspects of boredom. *British Journal of Psychology, 76*, 221-234.

Phillips, A. (1993). *On kissing, tickling, and being bored: Psychoanalytic essays on the unexamined life*. Cambridge: Harvard University Press.

Polly, L. M., Vodanovich, S. J., Watt, J. D., & Blanchard, M. J. (1993). The effects of attributional processes on boredom proneness. *Journal of Social Behavior and Personality, 8*, 123-132.

Ragheb, M. G., & Merydith, S. P. (2001). Development and validation of a unidimensional scale measuring free time boredom. *Leisure Studies, 20*, 41-59.

Rupp, D. E., & Vodanovich, S. J. (1997). The role of boredom proneness in self-reported anger and aggression. *Journal of Social Behavior and Personality, 12*, 925-936.

Sawin, D. A., & Scerbo, M. W. (1995). Effects of instruction type and boredom proneness in vigilance: Implications for boredom and workload. *Human Factors, 37*, 752-765.

Schubert, D. S. (1978). Creativity and coping with boredom. *Psychiatric Annals, 8*, 46-54.

Seib, H. M., & Vodanovich, S. J. (1998). Boredom proneness and psychosocial development. *Journal of Psychology, 132*, 642-652.

Shaw, S. M., Caldwell, L. L., & Kleiber, D. A. (1996). Boredom, stress and social control in the daily activities of adolescents. *Journal of Leisure Research, 28*, 274-292.

Smith, P. C., Kendall, L. M., & Hulin, C. L. (1969). *The measurement of satisfaction in work and retirement*. Chicago: Rand McNally.

Smith, R. P. (1981). Boredom: A review. *Human Factors, 23*, 329-340.

Sommers, J., & Vodanovich, S. J. (2000). Boredom proneness: Its relationship to psychological and physical health symptoms. *Journal of Clinical Psychology, 56*, 149-155.

Sundberg, N. D., Latkin, C. A., Farmer, R. F., & Saoud, J. (1991). Boredom in young adults: Gender and cultural comparisons. *Journal of Cross-cultural Psychology, 22*, 209-223.

Taylor, G. T. (1984). Psychotherapy with the bored patient. *Canadian Journal of Psychiatry, 29*, 217-222.

Tolor, A. (1989). Boredom as related to alienation, assertiveness, internal-external expectancy, and sleep patterns. *Journal of Clinical Psychology, 45*, 260-265.

Tolor, A., & Siegel, M. C. (1989). Boredom proneness and political activism. *Psychological Reports, 65*, 235-240

Vodanovich, S. J., & Kass, S. J. (1990). A factor analytic study of the Boredom Proneness Scale. *Journal of Personality Assessment, 55*, 115-123.

Vodanovich, S. J., & Rupp, D. E. (1999). Are procrastinators prone to boredom? *Social Behavior and Personality: An International Journal, 27*, 11-16.

Vodanovich, S. J., Verner, K. M., & Gilbride, T. V. (1991). Boredom proneness: Its relationship to positive and negative affect. *Psychological Reports, 69*, 1139-1146.

Vodanovich, S. J., & Watt, J. D. (1999). The relationship between time structure and boredom proneness: An investigation within two cultures. *Journal of Social Psychology, 139*, 143-152.

Vodanovich, S. J., Watt, J. D., & Piotrowski, C. (1997). Boredom proneness in African-American college students: A factor analytic perspective. *Education, 118*, 229-236.

Vodanovich, S. J., Weddle, C., & Piotrowski, C. (1997). The relationship between boredom proneness and internal and external work values. *Social Behavior and Personality: An International Journal, 25*, 259-264.

Wallace, J. C., Kass, S. J., Stanny, C. J. (2002). The cognitive failures questionnaire revisited: Dimensions and correlates. *Journal of General Psychology*, 129, 238-256.

Wallace, J. C., Vodanovich, S. J., & Restino, R. (in press). Predicting cognitive failures from boredom proneness and daytime sleepiness scores: An investigation within military and undergraduate samples. *Personality and Individual Differences*.

Wangh, M. (1975). Boredom in psychoanalytic perspective. *Social Research*, 42, 538-550.

Wasson, A. S. (1981). Susceptibility to boredom and deviant behavior at school. *Psychological Reports*, 48, 901-902.

Watt, J. D. (2000). The Sexual Boredom Scale (SBS). In J. Maltby, C. A. Lewis, and A. Hill (Eds), *Commissioned reviews of 250 psychological tests* (pp. 415-417). Wales, UK: Edwin Mellen Press

Watt, J. D., & Blanchard, M. J. (1994). Boredom proneness and the need for cognition. *Journal of Research in Personality*, 28, 44-51.

Watt, J. D., & Davis, F. E. (1991). The prevalence of boredom among profoundly deaf residential school adolescents. *American Annals of the Deaf*, 136, 409-413.

Watt, J. D., & Ewing, J. E. (1996). Toward the development and validation of a measure of sexual boredom. *Journal of Sex Research*, 33, 57-66.

Watt, J. D., & Vodanovich, S. J. (1992a). An examination of race and gender differences in boredom proneness. *Journal of Social Behavior and Personality*, 7, 169-175.

Watt, J. D., & Vodanovich, S. J. (1992b). Relationship between boredom proneness and impulsivity. *Psychological Reports*, 70, 688-690.

Watt, J. D., & Vodanovich, S. J. (1999). Boredom proneness and psychosocial development. *Journal of Psychology*, 133, 303-314.

Weinberger, J. L. (1974). The American Icarus revisited: Phallic narcissism and boredom. *International Journal of Psychoanalysis*, 55, 581-586.

Weinstein, L., Xie, X., & Cleanthos, C. C. (1995). Purpose in life, boredom, and volunteerism in a group of retirees. *Psychological Reports*, 76, 482.

Weissinger, E. (1995). Effects of boredom on self-reported health. *Society and Leisure*, 18, 21-32.

Weissinger, E., & Bandalos, D. L. (1995). Development, reliability and validity of a scale to measure intrinsic motivation in leisure. *Journal of Leisure Research*, 27, 379-400.

Weissinger, E., Caldwell, L. L., & Bandalos, D. L. (1992). Relation between intrinsic motivation and boredom in leisure time. *Leisure Sciences, 14*, 317-325.

Wexler, D. A. (1974). Self-actualization and the cognitive process. *Journal of Consulting and Clinical Psychology, 42*, 47-53.

Wink, P., & Donahue, K. (1997). The relation between two types of narcissism and boredom. *Journal of Research on Personality, 31*, 136-140.

Zuckerman, M. (1972). Drug usage as one manifestation of a "sensation seeking" trait. In W. Keup (Ed.), *Drug abuse: Current concepts and research* (pp. 154-163). Springfield, IL: Charles C. Thomas.

Zuckerman, M. (1974). The sensation seeking motive. In B. A. Maher (Ed.), *Progress in experimental personality research* (Vol. 7) (pp.79-148). New York: Academic Press.

Zuckerman, M. (1979a). *Sensation seeking: Beyond the optimal level of arousal*. Hillsdale, NJ: Erlbaum.

Zuckerman, M. (1979b). Sensation seeking and risk taking. In C. E. Izard (Ed.), *Emotions in personality and psychopathology* (pp. 163-197). New York: Plenum.

Zuckerman, M., Eysenck, S., & Eysenck, H. J. (1978). Sensation seeking in England and America: Cross cultural, age, and sex comparisons. *Journal of Consulting and Clinical Psychology, 46*, 139-149.