

Lee's Job Boredom Scale

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| 1) Do you often get bored with your work? | Yes | No |
| 2) Is your work monotonous? | Yes | No |
| 3) Would you like to change from your type of work to another from time to time (if the pay were the same)? | Yes | No |
| 4) How well do you like the work you do? | Yes | No |
| 5) Do you often get tired on the job? | Yes | No |
| 6) Do you find the job dull? | Yes | No |
| 7) Does the job go by slowly? | Yes | No |
| 8) Do you become irritable on the job? | Yes | No |
| 9) Do you get apathetic on the job? | Yes | No |
| 10) Do you get mentally sluggish during the day? | Yes | No |
| 11) Do you get drowsy on the job? | Yes | No |
| 12) Does the time seem to go by slowly? | Yes | No |
| 13) Are there long periods of boredom on the job? | Yes | No |
| 14) Does the job seem repetitive? | Yes | No |
| 15) During the day, do you think about doing another task? | Yes | No |
| 16) Does monotony describe your job? | Yes | No |
| 17) Is your work pretty much the same day after day? | Yes | No |